# **Interactive workshop: "Menstrual Hygiene Education" (31st August 2018)**

# TEACHER'S ACTIVITY REPORT 2018 - 2019.

FACULTY: Science DEPARTMENT/ COMMITTEE Zoology IQAC ACTIVITY No:SVC/2018-19/ZOO/AaS/1

DATE	FACULTY	DEPARTMENT/COMMITTEE	COORDINATOR NAME
31-07-2018	Science	Zoology	Dr. Aarti Seherawat
TIME	VENUE	NUMBER OF PARTICIPANTS	NATURE: Outdoor/Indoor
9:00am-10:00 am	The Indian Heights School, New Delhi	150	Indoor
SUPPORT/ASSISTANCE	The Indian Heights School, Dwarka Sector-23, New Delhi		

# BRIEF INFORMATION ABOUT THE ACTIVITY (CRITERION NO. II):

TOPIC/SUBJECT OF	Menstrual Hygiene Education	
THE ACTIVITY		
OBJECTIVES	<ul> <li>To spread awareness about personal hygiene in young school girls</li> <li>To introduce new personal hygiene methods</li> <li>To enable young girls to understand about menstrual hygiene</li> </ul>	
METHODOLOGY	<ul><li> Interacting with the students</li><li> Power point presentation</li></ul>	
OUTCOMES	<ul> <li>More than 150 girls participated in this awareness program</li> <li>An interactive session with the girls to make them aware about the personal hygiene.</li> <li>How to take care of personal hygiene.</li> <li>Enhanced awareness about menstrual Hygiene</li> <li>Different methods of personal hygiene were introduced.</li> </ul>	

# PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):

Notice & Letters ✓	Student list of participation	Activity report	Photos ✓	Feedback form
Feedback analysis	News clip with details	Certificate	Any other	

IQAC Document No:	Criterion No: II	Metric No:
Departmental file no	IQAC file No;	

NAME OF	NAME OF HEAD/ COMMITTEE	IQAC COORDINATOR (SEAL & SIGNATURE)
TEACHER &	INCHARGE & SIGNATURE	
SIGNATURE		
Dr. Aarti	Dr. Vartika Mathur	
Seherawat		

#### For Reference

Criterion I	Curricular Aspects (planning & Implementation)	Criterion V	Student Support & Progression
Criterion II	Teaching Learning & Evaluation	Criterion VI	Governance
Criterion III	Research, Innovations & Extension	Criterion VII	Institutional Values & Best Practices
Criterion IV	Learning Resources and Infrastructure		

# **Proofs**

To

The Principal Sri Venkateswara College University of Delhi

Subject: Permission to organize a workshop

Respected Madam

This is to state that I have been invited to organize a workshop on "Personal and Menstural Hygiene Education" for girls, or 31" July 2018 at The Indian Heights School, New Delhi. I seek your Permission for the same and no leave will be taken it will be conducted after my duty hours.

Thank you yours sincerely

Yours sincerety

Dr. Aarti Seherawat Department of Zoology Powended

# Document -1



#### Document -1

